



For Caregivers

There are as many ways of being a co-survivor as there are people! Thoughtful gestures big and small mean so much to survivors, whether they've just been diagnosed or completed treatment many years ago.

Who is a Co-Survivor?

At Susan G. Komen, we consider a person a survivor from the moment a breast cancer diagnosis is confirmed. Co-survivors can be family members, spouses or partners, friends, health care providers or colleagues. Anyone who is there to lend support from diagnosis through treatment and beyond is considered a co-survivor. Many different co-survivors may enter the survivor's life over time, lending support in a variety of ways.

For example, an oncologist provides information, hope and advice about treatment options. Friends and family may give practical help like driving to and from doctor's appointments to help with cooking or cleaning, grocery shopping, child care or even gathering information about breast cancer. And a supervisor may even help find ways to balance work and treatment schedules. Co-survivors also give much needed emotional support, such as listening or being there to give a hug.

[My Cancer Circle](#)

An online tool to help organize the community of people who want to help. Coordinates efforts for a loved one facing cancer through calendars, volunteer tasks, reminders, photos and other tools.

[Caregiver.com](#)

Caregiver Media Group is a leading provider of information, support and guidance for family and professional caregivers.

[Ohio Department of Aging National Family Caregiver Support Program](#)

Support and resources for Ohio caregivers.

[Cleaning for A Reason](#)

Cleaning for A Reason is committed to providing the gift of a clean home, while you are undergoing treatment for any type of cancer. Submit the application on their website.

SAVE LIVES AND END BREAST CANCER FOREVER

[Cancer Liaison Program](#)

Answers questions from patients, their friends and family members and patient advocates about treatments for cancer and other conditions. The program also provides information about clinical trials and gaining access to drugs in development. 301-796-8460, ohca@fda.hhs.gov

[Helping Hands in the Garden](#)

Assists breast cancer patients with clean-up of their garden with one three hour visit. Visit the website for a brochure and application.